



HELLENIC REPUBLIC  
National and Kapodistrian  
University of Athens

Date: 24<sup>th</sup> May 2017

## CERTIFICATE OF ANALYSIS

Product	Pure Peace	
Herbal content	Tilio ( <i>Tilia tomentosa</i> ) Lavender ( <i>Lavandula angustifolia</i> ) Lemon balm ( <i>Melissa officinalis</i> ) Marjoram ( <i>Origanum majorana</i> ) Chamomile ( <i>Matricaria chamomilla</i> )	
Recommended dose	1 g	
	Method	Results
Extract preparation	Hot water extraction	Yield of extraction: 22.4%
Quality control – Chemical analysis	High performance thin layer chromatography (HPTLC)  Total Phenolic Content (Folin Ciocaleu's method)	Polyphenols, Terpenoids  27.5 mg GA/dose [gallic acid equivalent (mg) / dose (1 g dry material)]
	Total Flavonoid Content (Aluminium chloride colorimetric method)	4.8 mg Quercetin/dose [quercetin equivalent (mg) / dose (1 g dry material)]
Total Antioxidant Capacity	DPPH scavenging colorimetric method	200 ug extract/ml: 92.2% inhibition of DPPH free radical 100 ug extract/ml: 79.6% inhibition of DPPH free radical
Comments	<b>PURE PEACE</b> has significant antioxidant capacity that is correlated with the containing secondary metabolites of the herbs like rosmarinic acid and other polyphenols of marjoram and terpenoids of chamomile.	

Validated by:

Dr. N. Fokialakis

