



Lela Vavouraki

A medical doctor specialized in Pulmonology with a PhD in Pulmonary Rehabilitation., she was a faculty member of TEI-A, University of West Attica, for 23 years and still continues her teaching activity within the framework of Postgraduate Programs of University of Thessaly and National University of Athens. In the meantime, she has dealt with alternative medicine practices, in a constant search not only for scientific truth but also for a human-centered model of medicine in a harmonious co-existence with the ecosystem that surrounds us.

People and their needs, encountering them, teaching them, are essential elements of her professional life. As a medical consultant and teacher, she has always wanted to pass on her knowledge and experience to others in a way that is relevant, meaningful and useful.

Since 2011, she has been actively involved in a global movement for the care of children born too soon, too small or ill, as co-founder and the chair-woman of the Greek NGO “Ilitominon” and as a member of the Parent Advisory Board of the European Foundation for the Care of Newborn Infants (EFCNI) and co-founder and Chair Committee member of the Global Alliance for Neonatal Care (GLANCE).